

IMPROVING PERIOPERATIVE NURSING PRACTICES IN HONG KONG: AN INNOVATIVE PROJECT

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Background Information: As healthcare becomes increasingly specialized, aggressive international collaboration is a necessity. The need for innovation in healthcare has never been greater as health care spending continues to soar. Health care leaders from different countries are looking to the US for the latest innovations in models of care, new technologies, new products, and new approaches to improve overall patient health and outcomes.

Objectives of Project: To provide Hong Kong Hospital Authority (HA) visiting scholars with an understanding of the advancements in perioperative nursing including observation of how these advances are implemented.

Process of Implementation: From September 15 to October 10 2014, a group of six perioperative nurses from five hospitals of the HA participated in a 4-week overseas corporate scholarship program for clinical leaders to observe and learn from the experience.

Project highlighted best practices in the perioperative areas at UCSD Health System:

- Pre-operative (pre op) education and assessment by Nurse Practitioner (NP)
- Multi-Team Approach Briefing (Pre Op) especially for transplant patients
- Operating Room (OR) briefing and team approach operation preparation (Intra op)
- Patient Family Centered Care in the pre op and in Post Anesthesia Care Unit (PACU)
- Nurse-led discharge process in the PACU

Statement of Successful Practice: Several best practices being performed in the perioperative department at UCSD Health System were highlighted as a result of this innovative project. This educational experience resulted in recommendations presented to the Specialty Advisory Group (Perioperative Care) and Nurse Service Division of Hospital Authority (HA) by these group of six nursing scholars in order to strengthen and improve perioperative services to patients from various Hong Kong communities.

Implications for Advancing the Practice of Perianesthesia Nursing: This project aligns with our hospital's Magnet component of Exemplary Professional Practice. This project depicts how UCSD nurses practice, communicate, and collaborate to provide the highest quality care for patients, families, and the communities we serve. The success of this collaborative project also provided the inspiration for various projects for the visiting scholars from the Hong Kong Hospital Authority to help advance the practice of perianesthesia nursing in their own country.